

**July 13, 2016**

**Summary**

With the onset of summer in the northern hemisphere, various locations popular with tourists and business travelers alike



Many of the negative health effects attributable to extreme heat events are preventable and can be incorporated into an extreme-heat program that is typically cost-effective and feasible even in low resource settings. Some of the core components might include:

- A written, publicly approved program plan;

- Consistent messaging, information, and instructions via public broadcast, websites, email, and social media;

- Formal check-in and buddy systems;

- In-person assessments for vulnerable persons and groups;

- Strategies and recommendations for staying cool at work;

- Designated public cooling shelters